The Governance of Nutritional Care in Hospitals in Wales: A Case Study of Innovation?



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Why the Need for Change?

- 40% hospital in-patients in Wales malnourished ¹
- 75% patient assessed as malnourished become more malnourished during their stay²
- 33% in-patients are malnourished at some time during their stay ³
- 20-75% malnourished patients experience longer in-patient stay compared to non-malnourished patients
- Annual cost of supplementary feeding of patients in hospitals £3.8bn ⁴
- The number of patients entering hospital malnourished is increasing ¹

From



WAO, 2010 ⁵

То



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What is happening in Wales? Restructuring from function to process to integrate food into care

'Free to Lead Free to Care'

 Devolution of professional and operational authority and accountability for patient experience to Ward Sisters/Charge Nurses

The Nutritional Care Pathway

- to assess all patients to establish their individual needs on admission and monitor throughout their stay
- to integrate food, as nutrition, into care
- to ensure accountability for compliance with recording, qualitative measures of patient experience, continuous improvement, and food waste

Healthcare Standards

 Standard 14 reinforces Nutrition as part of care by addressing needs, support, choice, and accessibility

'All Wales' Nutrition and Catering Standards

 mandatory technical standards for meeting the nutritional needs of hospital in-patients, including technical standards and the need to provide snacks

An 'All Wales' Menu Framework

 framework of nutritionally assessed recipes to accommodate local choices and multiple patient needs as well as informing planning for aggregated purchasing through NHS Wales Shared Services Partnership – Procurement Services

'All Wales' Sourcing and Contracting Service

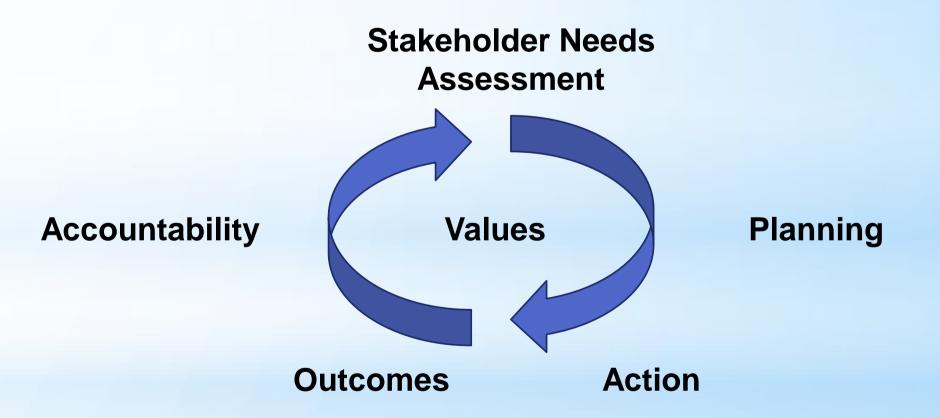
- use of standard contract terms to embed environmental considerations in all tenders
- use of Sustainability Risk Assessment in contract planning to identify and record actions for sustainability opportunities
- stakeholder advisory board involved throughout planning, tender and contract evaluation
- quality criteria lead specification and qualitative evaluation of tenders

Explaining Change through Governance

An integrated constitutional framework

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Within which a *process* of Governance takes place



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Quality and safety lead action form equity, social justice and sustainable development Effectiveness leads efficiency to reduce waste and harm for best value