

Aspirin from Willow

Steve Marshall & Frank Swinton



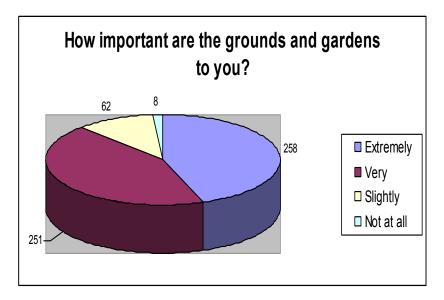


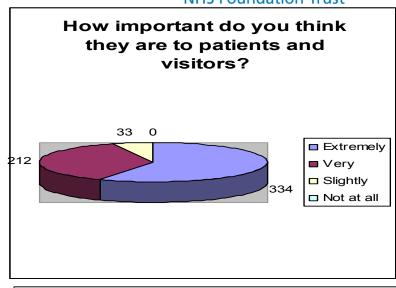


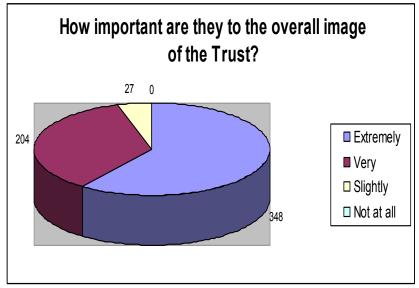
Grounds & Gardens Questionnaire 579 Responses

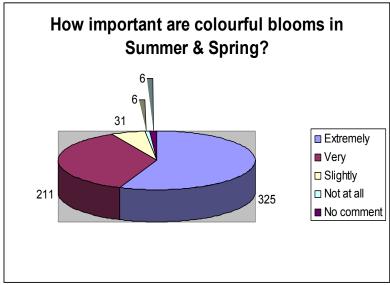


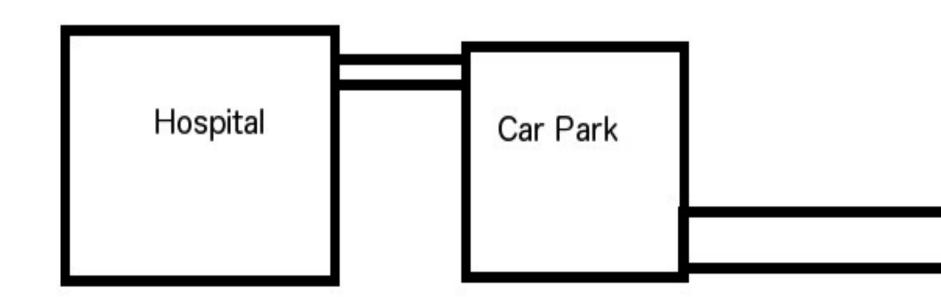
NHS Foundation Trust













Current Schemes

Sponsor a tree NHS Forest

- A fruitful future We have apples
- Spice of life We grow our own herbs and spices
- <u>Eco-cise</u> Undertaking light duties within the Trust's gardens



Planned Schemes

Outdoor Gym A gym in the open air

- Go VegetAirean We aim to grow a variety of vegetables on site. Staff and patients will take part in cultivating and consuming them
- Composting New compost plant to be introduced
- Eco Walk Perimeter walk with zones/information